

The Prader-Willi Syndrome Associations of Australia and New Zealand

are proud to host the

# 2<sup>nd</sup> Asia Pacific Prader-Willi Syndrome Conference



10 and 11 March 2012

Sydney, Australia



## Registration Brochure



It is with great pleasure that the Australian and New Zealand Prader-Willi Syndrome Associations invite you to join them in Sydney in March 2012 at the Second Asia Pacific Prader-Willi Syndrome Conference.

Our conference theme is **Building Bridges** symbolising our desire to continue our work to bridge the gap between those living with disabilities and those that they live amongst. Our byline **Possibilities not Disabilities** recognises the positive emphasis of our work.

The conference provides opportunity for scientists, professionals, parents and caregivers to join together, providing a forum to share expertise.

### Speakers

Our speakers come from around the wider Asia Pacific region, Europe and the United States and are recognised as leaders in their fields. Each has a particular interest in Prader-Willi Syndrome and in depth experience in this area.

### Call for Papers

The deadline for abstracts is October 28th, 2011. To request details of how abstracts should be submitted, please see the conference website [www.pws.org.au/conf\\_callpaper.html](http://www.pws.org.au/conf_callpaper.html)

### Sydney

Sydney is Australia's largest and most cosmopolitan city and home to two of Australia's most recognised landmarks, the Sydney Harbour Bridge and the Opera House. Full of colour, entertainment, world class events, exquisite dining, unique adventure and attractions, Sydney is situated on one of the world's most spectacular harbours. Beyond the abundance of experiences within the city centre, Sydney expands further afield to diverse Sydney metropolitan regions and the natural wonders of Sydney Surrounds.

### Travelling to Sydney

Sydney is a very accessible city, with numerous flights arriving daily from destinations worldwide and throughout Australia. The international airport is located just 9 kilometres from the City Centre and is linked to downtown Sydney via a fast train service. Once in Sydney, you'll find everything at hand and an efficient public transport network that gets you to any desired destination.

### Conference Venue

All conference sessions and the Saturday evening Banquet dinner will be held at our conference venue, the **Citigate Central Sydney Hotel** ([www.mirvachotels.com/citigate-central-sydney](http://www.mirvachotels.com/citigate-central-sydney)). The

location, façade and foundation of Citigate Central are steeped in Australian history and the hotel has been offering its guests restful accommodation and a gateway to Sydney for over 120 years. Recently refurbished, the hotel is conveniently situated close to Darling Harbour, the Central Railway Station, Chinatown and Sydney's CBD.

### Accommodation

Registrants should organise their own accommodation. We have negotiated special conference rates at the conference venue, the **Citigate Central Sydney Hotel** (Freephone 1800 252 588 from Australia or 0800 507903 from NZ, [www.mirvachotels.com/citigate-central-sydney](http://www.mirvachotels.com/citigate-central-sydney)). Limited rooms are available at the discounted conference rate so we recommend you complete your booking early. Please advise the Citigate at the time of booking that you are attending the Prader-Willi Syndrome Conference to obtain the special room rates (from AUS \$199 per night). Alternative accommodation for all budgets is available nearby including at the following:

- **Travel Lodge Sydney** 27 Wentworth Ave  
Reservations: 1300 886 886  
[www.travelodge.com.au](http://www.travelodge.com.au)
- **Oaks Harmony Apartment Hotel** 107 Quay St  
Reservations 1300 652 440  
[www.oakshotelsresorts.com](http://www.oakshotelsresorts.com)
- **Holiday Inn** 68 Harbour St  
Reservations +61 2 929 10200
- **Aspire Hotel Sydney** 383 Bulwara Road  
Reservations Phone 1300 668400  
[www.aspirehotel.com](http://www.aspirehotel.com)
- **Mercure Sydney** 818 George Street  
Reservations +61 2 921 76666  
[www.mercuresydney.com.au](http://www.mercuresydney.com.au)
- **Marque Sydney** Cnr George St & Quay St  
Reservations 1800 088 888  
[www.marquehotels.com](http://www.marquehotels.com)
- **Y-Hotel Hyde Park** 5-11 Wentworth Avenue  
[www.yhotel.com.au](http://www.yhotel.com.au)

See [www.wotif.com.au](http://www.wotif.com.au) for further options.

### Organising Committee Members

Dr Elly Scheermeyer, Karen O'Reilly, Janene Lowe  
Georgina Loughnan, Dr Ellie Smith, Janet Franklin,  
Email: [conference@pws.org.au](mailto:conference@pws.org.au)



# PROGRAMME HIGHLIGHTS

## Saturday 10 March

### Health and Wellbeing

- Respiratory medicine and sleep apnoea
- Cardiology
- Dental Therapy

### Endocrinology

- Growth Hormone
- Energy Metabolism

### Research

- Growth hormone for children with PWS
- Growth hormone for adults with PWS
- Oxytocin Research
- Exanetide Research

### Other

- Genetics and the different phenotypes of PWS

Saturday sessions to be followed by a Banquet Dinner from 6:30pm

## Sunday 11 March

A mixture of plenary sessions and age-specific interactive workshops, covering topics including:

### Nutrition and Exercise

- Nutrition and exercise for children
- Exercise for adolescents and adults with PWS
- Caloric intake for adults with PWS

### Endocrinology

- Adolescents and hormones
- Sexual development

### Behaviour

- Social Skills
- Behavioural management
- Getting the treatment right
- Keeping the family Unit healthy

### Other Topics to be covered

- Education for children with PWS
- The Australian PWS Database
- What we've learnt in NZ

### Workshop Topics

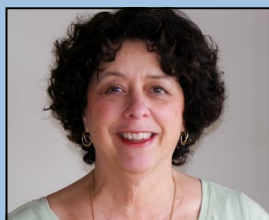
- Interactive workshops for caregivers
- PWS and children
- The first 5 years
- Education—techniques to support learning
- Behavioural management for kids and teens



# SPEAKERS



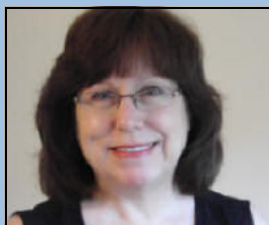
We are proud to be able to bring you some of the world's foremost authorities on Prader-Willi Syndrome including:



**Dr Suzanne Cassidy (USA) - Medical Geneticist**

Dr Cassidy has been a prominent figure in the PWS community for over two decades. She has been on the faculty of several universities and is currently Clinical Professor of Paediatrics at the University of California, Irvine. She has published dozens of medical articles and book chapters on PWS spanning genetics, medical aspects, behaviour and management, and has conducted multidisciplinary clinics for PWS since 1982.

She was a major organizer of several IPWSO meetings, including the first, and has been on the Scientific Advisory Board of PWSA (USA) for many years. Dr Cassidy is the current President of the International PWS Organisation.



**Janice Forster (USA) - Child and Adolescent Psychiatrist**

Janice Forster is a Child and Adolescent Psychiatrist in private practice in Pittsburgh, PA who specializes in Developmental Neuropsychiatry. In addition to her clinical experience in the evaluation and treatment of individuals with developmental disabilities, she has acquired specific expertise in the management of individuals with PWS across all levels of care.

She is a consultant to the Prader-Willi Syndrome Association of the USA where she serves on the Clinical Advisory Board and a consultant to IPWSO where she serves on the Scientific Advisory Committee. Dr. Forster is co-founder of Pittsburgh Partnership, Specialists in PWS. ([www.PittsburghPartnership.com](http://www.PittsburghPartnership.com))

Other topics and speakers include...

- Genetics and the latest in research: Prof Ellie Smith (Aus)
- Getting it Right - treating mental illness in PWS: Prof Tony Holland (UK)
- Adolescents, hormones and sexual development: Dr Patricia Crock (Aus)
- Caloric Intake: Dr Janet Franklin (Aus)
- Nutrition for Children with PWS: Dr Maggie Aitken (Aus)
- Exercise for Adults with PWS: Georgina Loughnan (Aus)
- Education for children with PWS: Pamela Templeton (Aus)
- Social Skills: Dr Scott Stiefel (NZ)
- Energy and Metabolism in PWS: Dr Ohn Nyunt (Aus)
- Psychiatric Medications for PWS including Oxytocin Trial Update: Prof Stewart Einfeld (Aus)
- Gut Hormones / Exanetide Trials: Dr Alex Viardot (Aus)
- Growth Hormone for children: Prof Paul Hofman (NZ)
- Growth Hormone for adults: Dr Charlotte Hoybye (Sweden)
- Growth Hormone in Australia: Dr Elly Scheermeyer (Australia)
- Respiratory Medicine and Sleep Apnoea: Prof Brendon Yee (Aus)
- Dental Therapy for people with PWS: Dr Helen Cornwall (Aus)
- Cardiology in PWS: Dr Sanjay Patel
- Presentations from professional caregivers: Leveda Group, Interaction Disabilities, House With No Steps and ADHC

# REGISTRATION FORM



Name (1) ..... Title: .....  
 Name (2) ..... Title: .....  
 Address .....  
 Address ..... Country .....  
 Email ..... Telephone (incl area code) .....

Please complete as appropriate

I am a parent of a child or adult with Prader-Willi Syndrome. *If so, please advise details of your child (for conference planning purposes only)*

Name: ..... Age: ..... City of Residence:.....

I am a Professional/ Scientist *Please advise the details below:*

Occupation ..... Employer ..... City of Residence .....

I wish to register for

**A Full conference package**

Saturday March 10, Sunday March 11 including lunch both days  
 Including welcome drinks Friday March 9 and Banquet dinner Saturday March 10

Early Bird price for registration received before 20-Dec-2011      First delegate \$380 Spouse/Partner \$330      No. attending ..... Total Cost \$.....

Standard price for registration received after 20-Dec-2011      First delegate \$450 Spouse/Partner \$400      No. attending ..... Total Cost \$.....

**B Conference only**

Saturday March 10, Sunday March 11 including lunch both days  
 excludes Saturday evening Banquet dinner

Early Bird price for registration received before 20-Dec-2011      First delegate \$280 Spouse/Partner \$230      No. attending ..... Total Cost \$.....

Standard price for registration received after 20-Dec-2011      First delegate \$350 Spouse/Partner \$300      No. attending ..... Total Cost \$.....

**C Saturday March 10 only**

includes lunch, excludes Banquet dinner      Per person \$225.00

No. attending ..... Total Cost \$.....

**D Sunday March 11 only**

includes lunch      Per person \$225.00

No. attending ..... Total Cost \$.....

**E Banquet Dinner**

Saturday March 10 @ Citigate hotel      Per person \$110.00

No. attending ..... Total Cost \$.....

Total Amount Payable      \$ \_\_\_\_\_

Conference fees are payable in Australian dollars and include any GST payable. Please complete this form and either (a) post the original to AP-PWS Conference, 128B Medcalf Street, Warners Bay 2282, Australia or (b) fax this form to +61 2 495 30150 or (c) send completed form via email to conference @pws.org.au. Payment of fees should be made at the time of registration. For registration enquiries, please phone +61 249530150

Please indicate how payment has been made:

By cheque (or bank draft in Australian dollars) addressed to "Prader-Willi Syndrome Association Conference Account"

Deposited directly to the conference account (details below) on ..... [please insert date funds were deposited]

**Account Name:** Prader-Willi Syndrome Association Conference Account

**Swift Code:** WPACAU2S (for overseas deposits only)

**BSB:** 032123

**Account:** 277700

**Description:** [please place your name in the description field so we can correctly identify your deposit]

**Cancellation Policy:** In the event of cancellation prior to the closing date of 10 February 2012, fees paid will be refunded less an administration charge of AUS\$50.00. No fees will be refunded for cancellations after the closing date.

**Registrations after 10 February 2012 will attract an additional administration fee of \$50.**